



DAYBREAK
Rebuilding lives. Inspiring hope.



WINTER CLOTHING DONATION CAMPAIGN



At Daybreak a big challenge for our residents every year is finding affordable winter clothing. To battle this we are asking for donations of any spare winter clothing you may have for both women and men.

We will also accept adult clothing for any season as long as they're in good condition.

We will also be happy to accept donations for any household items that you may have to spare. Items include:

- Lamps & Bedside Furniture
- Shoes
- Puzzles
- Bedding & Pillows
- Soap and Shampoo
- Pots, Pans and Cutlery
- etc.

With our residents a little can go a long way and any donation at all would be greatly appreciated.

To donate call 613-236-8070 (ext.721) to set up a drop off time at our Piccadilly offices.

Message From the Executive Director

I've been in the position of Executive Director for a little over 4 months now. It's my first experience working in the social housing sector but it has been a job I have enjoyed immensely and one that I look forward to continuing.

Brodie, Amanda and our two summer staff Mesut and Carter have worked extremely hard these past months, tackling a wide variety of issues from keeping our rooms filled (our vacancy rate is 0%), ongoing maintenance issues at all our houses, responding professionally and expeditiously with the City point of contacts, working with the Board of Directors on a multitude of projects, meeting fellow City housing providers to discuss programming and supports to hosting a BBQ for our female residents.

I'd like to thank so many people for making me feel welcome, Daybreak has lots of momentum at the minute and we are making massive improvements to our performance and services that we provide.

I look forward to continuing a quarterly newsletter and keeping you up-to-date with Daybreak's performance and status.

Please do not hesitate to reach out to me for any information or questions you may have.

Thank you,
Richard



Board Of Directors:

President:

Rob Dekker

Vice President:

Jillian Normand

Secretary:

Ryan Selleck

Treasurer:

Michelle Sauve

Notes From the Annual General Meeting

At this years AGM we welcomed Ryan Selleck on as a new Board member and Secretary. His background as an accountant will be a great asset to Daybreak.

Board President Lauren Evans has stepped down as Board President, but will continue to serve as Past President. We thank Lauren for her work as President and for her continued service with Daybreak!

Lastly we would like to Congratulate and welcome our new President Rob Dekker. Rob has been with Daybreak as a member of the Board for the past 7 years. Daybreak's future remains bright due to the hard work of Rob and the rest of our Board members.

Whats Going On at Daybreak

This summer our residents have been taking part in **The Real You Program** conducted by our community partner Amani Health. Residents taking part in this integrated health program participate in weekly workshops where they are given tips on healthy living and exercise. Our residents have really enjoyed participating in these workshops and have learned a lot about nutrition and healthy living.

Daybreak has also set a goal this summer of improving the homes for our residents. Brodie and Mesut have been hard at work painting and revamping our homes. As part of our summer cleaning we have been giving the common areas a fresh coat of paint along with cleaning and reorganizing the furniture for our residents.



Special Thanks

Daybreak would like to thank all of our supporters who attended our Comedy Night Fundraiser, in April, at Absolute Comedy, organized by our Board of Directors.

We would also like to express gratitude to the Dorothy Fulford Foundation, The Minto Foundation, St Peters Lutheran Church, Glebe Metro and Centretown Pharmacy for their generous donations in support of Daybreak. Lastly an anonymous supporter has donated benches to all of our houses which look great and our resident have been using daily.

